EU-PROMENS

STRENGTHENING EUROPE'S MENTAL HEALTH COMMUNITY
2024 - 2026

EU-PROMENS FACT SHEET

EU-PROMENS is a landmark European capacity-building initiative funded by the EU4Health Programme and implemented between 2024 and 2026. The project operationalizes Flagship 15 of the European Commission's comprehensive approach to mental health, successfully strengthening multidisciplinary cooperation, professional exchange, and practical skills among mental health professionals including medical staff, social workers, educators, and policymakers across Europe.

3,945	30	902
professionals trained	European countries involved	exchange participants

THE THREE PILLARS OF OUR IMPACT

Pillar 1: Multidisciplinary Training Programme

Empowered 3,945 total professionals across 30 participating European countries through comprehensive rollout training tracks. This comprised 1,924 participants in the Core Training Programme and 2,021 participants in the Advanced Programme, complemented by 48 national adaptation and evaluation workshops tailored to local systemic needs.

Pillar 2: European Exchange Programme

Successfully operated cross-border exchange hubs across Austria, Croatia, Czechia, Finland, the Netherlands, and Spain. Across two intensive implementation waves, the programme engaged 902 professionals from all 29 eligible countries, achieving a balanced participant profile and high satisfaction with practice-oriented peer learning.

Pillar 3: The EU-PROMENS Toolkit & Sustainability

Developed and consolidated the comprehensive EU-PROMENS Toolkit and standardized training frameworks. Designed as an enduring support for practitioners and policymakers, the toolkit captures best practices, cross-border insights, and structured methodologies to inform future European capacity-building and mental health reforms. In addition, the EU-Academy hosts online resources that help further dissemination of the knowledge.

"EU-PROMENS changed not only how I approach care in my daily practice, but connected me with a lifelong European network of changemakers who share the same vision for mental health reform."

— Exchange Programme Participant & Healthcare Professional

SHAPE THE FUTURE OF EUROPEAN MENTAL HEALTH

Explore project deliverables and access training toolkits at eu-promens.eu/conference

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Trimbos instituut
Mental Health Europe
Funded by the European Union